

Yarning about young people



Do you know someone who has lost a friend or relative recently?

Would you like to know more about services in our local area that can help?

Do you have questions about your young persons mental health or how they deal with grief?

Local services are joining with headspace Maitland to address some of these needs.

Please join us for an info evening and Q&A panel

When

3rd of September

6.00pm-8.30pm

Where

headspace Maitland

73 Elgin Street

Contact

RSVP your spot and send questions you may have for the panel by calling 4931 1000 or emailing headspacemaitland@samaritans.org.au

