

April 2018



MAITLAND GROSSMANN HIGH SCHOOL NEWSLETTER

"Providing Quality Education in a Caring Learning Community"

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PRINCIPAL

Students have settled into the new year and we continue to have outstanding success in sport & performing arts at the local and higher levels. The format of these reports will appear slightly different to those in the past as we have changed our reporting platform from Millenium to Sentral. We continue with our mandated emphasis on the explicit teaching of literacy in every subject in order to give our students the best possible foundation in literacy and numeracy for the future.

Winter is approaching and the uniform shop has four options for the colder months, a school jumper, a new winter jacket (suitable for both girls and boys), a sports jacket and a blazer for seniors. School uniform standards remain high, however students and parents are reminded that canvas shoes are totally unacceptable footwear for school. When purchasing student footwear this should be taken into account, and only black shoes which have a solid leather upper are acceptable under WHS requirements. Skirts worn by junior and senior girls should be a reasonable length and not any shorter than halfway between the thigh and knee. A reminder, that wearing excessive jewellery contravenes the uniform code. Students should only wear one piece of jewellery, which is not going to endanger themselves or others (therefore sharp jewellery or dangling earrings should not be worn). Shorts **are not part of our uniform for girls** and should only be worn to school on Tuesday (sports day).

Our sister school Sukagawa will be visiting us in July and we are seeking to billet thirty Japanese students for their stay with us. We will keep you informed as the date for this approaches. Students are currently involved in our biannual tour of Europe travelling to Italy, France Germany and England.

Year 12 have just completed their Half Yearly Examinations and are very focussed on consolidating their studies towards the Higher School Certificate, and students in the junior school have settled into learning and assessment toward their half yearly report in June.

East Maitland RSL conducts an annual Anzac Day Ceremony at 10 am on Anzac Day. Students are invited to march with Maitland Grossmann on this occasion, representing their family's returned soldiers and the school. If any student wishes to be involved they should assemble along with the prefects and school leaders, in full uniform, at the side of East Maitland Fire station at 9:50 am.

Dr Di Soltau (Principal)

April 2018

CURRENT SPONSORS

WESTPAC BANK (Green Hills)

Take out a loan and mention Maitland Grossmann High School. The school will receive a monetary contribution from the Westpac Bank.

ATHLETE'S FOOT (Green Hills & Charlestown) Become a Club Fit Member and the school will receive a monetary contribution from Athlete's



PHOTOS

Occasionally photographs are taken of individual students or classes at school. Please notify the school in writing if you do not want your student photographed.

REMINDER TO PARENTS

When parking/stopping outside the school please be mindful of the residents living in the area. Could you please ensure that there is adequate room for residents to enter and exit their premises at all times during the day.

MGHS UNIFORM SHOP OPENING TIMES 2017

TUESDAY: 8.00am-12.00pm

THURSDAY: 1.00pm-5.00pm

CASH, EFTPOS, MASTERCARD and VISA ACCEPTED AT UNIFORM SHOP

ALSO AVAILABLE ONLINE SHOPPING

(THROUGH THE SCHOOL WEB SITE)

Deputy Principal Report

As Term 1 2018 concludes, I wish to congratulate our Year 7 students on the completion of their first term of high school. I pass on my thanks to year 7 families and the dedicated group of MGHS teachers and support staff who have supported their journey. Equally, I congratulate our Year 11 students on navigating the first term of their Preliminary HSC studies. I've been very impressed by the feedback I'm receiving related to the commitment the vast majority of Year 11 students are applying to their chosen subjects.

I wish to emphasise a few important points for Year 11 students and families. I first communicated this information to Year 11 during our Year Meeting on 9th February.

- All students must ensure they have read the Assessment Policy Guidelines related to the completion and submission of assessment tasks. The guidelines are available from the Assessment Handbook emailed to all students and available on the school website.

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- Misadventure appeals must be supported by documentation. Appeals will only be approved if related to significant instances of misadventure. It has been disappointing to receive misadventure appeals requesting extensions based on birthdays, driving tests, work commitments or unsupported sickness. Only serious appeals will be supported.
- I encourage full attendance for all senior students and I discourage families from taking extended holidays during school terms. I remind Year 11 students and families that if an absence due to family travel falls on the day of an assessment task, the student must make arrangements with their class teacher to complete/submit the assessment prior to their absence.
- As assessment demands escalated this term, we have uncovered a number of plagiarism instances. I remind Year 11 about the "All My Own Work" course they completed and implore them to submit task of their own work and wording. Be advised their plagiarised work will result in an N Warning letter and the requirement to re-submit the task.

Included in this newsletter is details on the upcoming Academic Review Procedures related to Years 10, 11 and 12. I encourage all students and families to familiarise yourself with these procedures and dates. Further to this information is the encouragement of all students to redeem N Warnings urgently.

As colder months approach, I encourage families to organise winter uniforms through our uniform shop. Non-uniform jumpers/jackets and hoodies are not appropriate school uniform. As always, if procuring correct uniform is impeded by financial difficulty, please contact the relevant Deputy Principal to investigate financial assistance.

A trend is becoming evident where families are scheduling appointments during Tuesday sport time. I remind families that school sport is a compulsory part of the school curriculum. Please refrain from withdrawing students during designated school hours.

I wish to congratulate two fantastic groups of students (pictures below). Firstly, I was my pleasure to accompany a group of students representing our Aboriginal Student population to the Bangarra Dance Workshop in Tempe, Sydney on Monday 9th April. These students joined over 100 others from the Sydney and Hunter Regions in this cultural dance celebration. Thanks also to Ms Tonnet for organising this opportunity.

Congratulations also to our Open Girls Rugby League Team who participated in the Newcastle Knights / Group 21 competition on Friday 6th April. It was wonderful to coach this dedicated group of girls who displayed excellent skills and commitment throughout this gala day and regular lunchtime training sessions in preparation. Well done girls!

Joshua Gane
Deputy Principal
Years 7 & 11





Introduction of the ACADEMIC REVIEW Process

PURPOSE

In 2018, MGHS is introducing a formal process to review and support students not meeting academic benchmarks and course requirements in Years 10, 11 & 12. Please read the following details and contact Mr Gane (Deputy Principal) with any questions.

CRITERIA

A student is causing academic concern if he/she has:

- TWO or more N-Award warning letters in same subject or
- ONE or more N-Award warning letters across TWO or more different subjects

PANEL

The panel will consist of: (Different panels across year groups to allow the involvement of several teachers)

Deputy Principal (Mr Gane as Coordinator), Head Teacher/s and/or Teacher/s

Parents and the students will be formally interviewed by the panel outlining the academic concerns and a formal learning improvement program will be agreed upon.

PROCEDURE

1. The coordinator of the panel (DP) will present those students who meet the criteria to the executive team.
2. This panel will meet twice a year; Half Yearly and Yearly.
3. The panel will organise interview times with the parents and students during the week outlined in the school calendar.
4. A record of the **Academic Review Interview** will result with all parties to agree and sign. A date to redeem outstanding N-Awards and/or improve academic progress will be set.
5. Copies will be forwarded to Year Advisor, Student File and Faculty Head Teachers.
6. Students will be at risk of getting an N-Determination in that subject if he/she does not fulfil the agreed terms outlined in the **Academic Review Interview**.

Academic Review Schedule

Semester 1	Review Week	Panel Members (Gane +)
Year 12	7/5/18 - 11/5/18 - Week 2 Term 2	Focic, Skinner, Blatchley
Year 11	14/5/17 - 18/5/18 - Week 3 Term 2	Ross, Hannah, McEntyre
Year 10	18/6/18 - 22/6/18 - Week 8 Term 2	Belbin, Mercer, Wakeman
Semester 2		
Year 12	13/8/18 - 17/8/18 - Week 4 Term 3	Focic, Skinner, Blatchley
Year 11	15/10/18 - 19/10/18 - Week 1 Term 4	Ross, Hannah, McEntyre
Year 10	5/11/18 - 9/11/18 - Week 4 Term 4	Belbin, Mercer, Wakeman

Formal (final) N Determination issue dates (issued by school to students)

Year 12 - 7th September 2018 (Week 7 Term 3)

Year 11 - 30th October 2018 (Week 3 Term 4)

Year 10 - 19th November 2018 (Week 7 Term 4)

SPORT

A busy time of the year for Grossmann athletes on the fields and courts, as well as, in the pool. I'd like to start off by wishing eight of our very talented swimmers all the very best at the NSW CHS swimming championships, being held at the Sydney Olympic Park Aquatic Centre. Our 12 Years Girls 4x 50m Freestyle relay team – Macayla Sandy, Anabelle Murphy, Kaitlyn Plumridge and Eliza Davis – have qualified after a very close 2nd place finish at the regional meet. Meanwhile, the very experienced Open Boys 4x 50m Medley team – consisting of Zak Taylor, Daniel Taylor, Reece Jankovic and Lachlan Sandy – have also qualified after their victory at the regional meet. Lachlan and Reece also have a number of individual swims – good luck to all!

Our school sport teams are in full swing, competing in Regional Knockout competitions. Grossmann has teams currently in rugby league, tennis, football, netball, cricket, touch football and basketball making their way through the early rounds. A special mention must go to the Open Boys basketball team, who progressed their way through the Hunter Region draw and are now into the Final 16 of the state taking on a team from Sydney North.

Also, a huge congratulations to our very successful rowing team. Consisting of Jack Davey, Robert Weatherall, Mitchell Eveleigh, Cameron McConville and Rebecca Davey, the team collected 3 gold medals to go along with a 4th and 5th place finish at NSW CHS events. Jack Davey was also named Male Rower of the Meet – congratulations to all, in particular the Year 12 boys who have represented Maitland Grossmann for a number of years at this level.



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Our Open Boys touch football team played against 2 other schools recently on the 20th March (Maitland and Rutherford) and were narrowly defeated in the final round. The team were: Jake Annan, Jye Rose, Wes Lantry, Jakson Bertoli, Hayden Gibson, Josefa Waiqairatu, Eddie Nichols, Bryce Lucas, Ricco Vile, Jake Collins, Ben Fuenzalida. Our Referee was Olly Latter who did a great job as well. I was very proud of their performance on the day considering the limited training they had leading up to the event.

Our Yr 9/10 All Schools boys and girls Touch teams played at Broadmeadow on the 6th April and both made the quarter finals, our best result for a few years. They were both beaten by teams who made the final on the day, the likes of Hunter Sports High and Tomaree High. Again, I was extremely proud of their efforts and comradery that they showed on the day. Thanks to our referee Lachlan Lucas of Yr 9 who did an outstanding job on the day.

Teams were:

BOYS - Ricco Vile, Bryce Lucas, Olly Latter, Ceejay Rolsch, Randal Buck, Eddie Nichols, Jake Collins, Tom Forbes, Nick Cridland, Henry Edwards, Jayden Straker

GIRLS

Charlie Mc Nab, Lexy Holz, Josie Morely, Zia Sundstrom, Stella Nichols, Jasmine Kruk, Teagan Douglas, Ebony Stallard, Isabella Lawler

MATHS

Calculators

A Scientific Calculator is an important piece of Maths equipment that needs to be brought to class each lesson for all students from Year 7 onwards. Once students reach High School mathematics, they have moved passed mental arithmetic, and need to have a Scientific Calculator so they can complete the set work.

Many students do not currently have a calculator or are using a calculator app on their phones. The rules from NESA clearly state that mobile phones cannot be used in any assessment tasks. In real terms, this means that many students are borrowing a calculator on test day and are unfamiliar with how to work it. This then means they get a test score that doesn't reflect their maths ability. It also means that in many lessons, students are unable to complete their work as they don't have access to a calculator to do so.

Could parents/guardians please check that their children have a working calculator and that they are bringing it to school each day? A check of pens/pencils/rulers is also timely as they seem to have all been lost or used up now that the term is near its end.

If you need to purchase a calculator, you can do so at the Front Office for \$20, or you may be able to find them for sale in department stores. If purchasing elsewhere, please make sure it has a "fraction" button on it.

Zoe Cox

Head Teacher Mathematics

CAREERS

It has been an exciting time for both junior and senior students in Careers at Maitland Grossmann for the Month of March and Term 1. Our Year 10 students have had exposure to career lessons that will allow them to consider vocational and work experience options for the busy year ahead. This month has also been the start of our student mentor program Plan-it Youth and Links to Learning programs, involving Year 9 and 10 students. Our Year 10, 11, and 12 students have shown a considerable interest in gaining information on career options in the Royal Australian Air Force (RAAF), hence an excursion

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has been planned for early Term 2. Year 12 have also been pro-active seeking advice for their future career pathways, and gaining knowledge of university requirements through FYI Thursdays.



Plan-it Youth

March has seen the commencement of our Plan-it Youth Mentoring Program. This is a holistically orientated mentoring program with a focus on student vocational support, consisting of weekly consultations between our students and mentors from the community. Early in Term 2 is an excursion to Newcastle TAFE Campus, this visit will support students by providing course information and opportunities, assisting students moving forward with career decisions.

RAAF Visit

Students will get an extensive tour of the RAAF base Williamstown, our Year 10, 11 and 12 students will have the opportunity to observe and receive information on a variety of operations, procedures and work opportunities in multiple fields. Such as: Control Tower, Fire Department, Fighter Hanger, Recon Plane, Guard Dogs and the Bomb Squad. The excursion date is scheduled for **Thursday 3rd May (Term 2, Week 1)**.

Work Experience

Work Experience is just around the corner and many Year 10 students are looking forward to experiencing the world of 'work' for a week. There are 3 scheduled weeks dedicated to Work Experience in 2018 and students are encouraged to discuss these dates with possible host employers and the Junior Careers Adviser, Mr Harris, who can be located in the TAS staff room.

Dates for Work Experience for 2018

Term 2:

18-22 June (week 8)

Term 3

10-14 September (week 8)

Term 4:

26-30 November (week 7)

Links to learning

Links to Learning will be commencing at the end of Term 1 and run for the rest of the year, one day per week. This program is offered to selected students and offers a holistic approach to education. This project has been developed in consultation with the school to provide additional opportunities for students while continuing with regular school attendance. All activities are linked to the school curriculum.

Money Talks

March also saw Year 11 supported with their financial literacy by way of 'Money Talks'. Maitland Grossmann High School would like to thank the Rotary clubs and Maitland Financial agencies for their ongoing support with this program. Students were enlightened on the purpose of budgeting, how to open bank accounts as well as being informed on loans and their function. This was definitely an informative morning well spent.

FYI Thursday Careers Talks

Term 1 also saw the return of FYI Thursdays, where external agencies are brought into the school at lunchtime so students can gain information on post school options. Presenters included the Defence Force, CSU and UoN universities, PCYC leadership programs and information on Professional Cadetship opportunities. The term concluded with a presentation from Civil Contractors Federation which provided students with information on engineering and technical opportunities. FYI Thursdays will continue in Term 2 and will expose students to external opportunities that have the potential to benefit their post school options.

CAPA

Floyd Mallon (Year 11 Visual Arts) and Arden Kelly (Year 10 Photography and Digital Media) have had their photographs selected for the semi-finals of the Moran Photographic Prize. This is the second time around for Floyd and the first time for Arden. It is a credit to both these highly engaged, hardworking students to be recognised in a National Competition. We wish them well and congratulate them on their achievement. Floyd has also reached the finals of the Australian Geographic Young Nature Photographer of the Year Awards as well. A link to their work is shown below.

<http://www.moranprizes.com.au/student-gallery>

We would also like to wish Caitlin James (Year 9 Visual Arts) good luck with her entry in the "Young Archies" competition through the Art Gallery of NSW. It is an amazingly drawn portrait that she has entered and we look forward to hearing about her results. Good Luck Caitlin! Caitlin is an incredibly talented young artist with a bright future in the creative arts.

SUPPORT UNIT

As usual, the Support Unit went on camp to Sydney in Term 1 to provide positive city experiences for the students, and to gain better independence skills in the process. We stayed at the gorgeous Chowder Bay right on Sydney Harbour with amazing views. I throw over to the students for their personal recounts:



Maitland Grossmann High School Support Unit went to Sydney from 21st March to 23rd March. They went to see amazing things such as the Powerhouse Museum. Mark and the students saw old heritage, like the old clothes and a guy riding a bike. Mark jumped on the bike called a Penny Farthing having a great time with a smile on his face. Kaeden



The Support Unit went to the Powerhouse Museum. There was a fun park that we went into. There was a colouring of pictures that you scan. When you scan the pictures they show up on the wall. Angus is in this picture. Nick

The Support Unit at Maitland Grossmann High School went on their annual Sydney trip. In this photo Will is enjoying doing his 3rd drawing for the live animation wall. They truly enjoyed their 3 days from 21st to the 23rd March 2018. Gordon

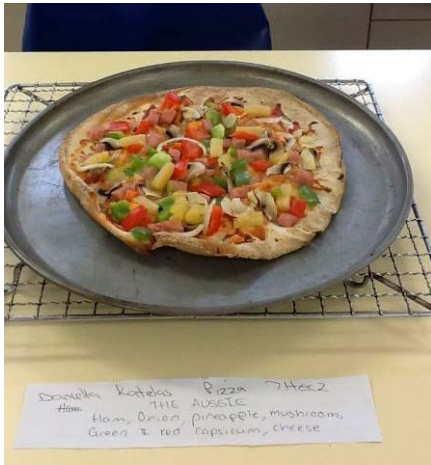


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TAS

It has been a busy Term 1 in TAS.



Year 7 have been cooking up a storm with their healthy Burgers and innovative Pizza assessments. They have mastered the basics of survival in the kitchen which included, but was not limited to, reading a recipe, carrying knives safely, working as part of a team and most importantly how to clean up after yourself! Well done Year 7.

Year 8 have designed a variety of carry bag styles to suit specific needs. These included shopping bags (tote bag style), long handled bags for carrying across the body, boots bags with drawstring feature and satchel bags with a flap to

close the bag. They also experimented with different decoration techniques before incorporating 2-4 into their designs. The most popular techniques selected were dip dyeing, tie dye, stencilling and stamping. Well done Year 8.



Year 10 Child Studies have been creating different 'Food Models' for children to play with and learn about healthy foods to promote healthy growth and development. We have a mixture of Food Puppets, Food toys, Food card games and Food felt boards, plus growing cress on cotton wool to develop the awareness of eating food you have produced.

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Year 10 Food Technology have been working on a unit on preventing food related diseases such as Heart Disease, Obesity, Dental Caries, and Anaemia. In addition they have developed a meal plan suitable for people diagnosed with such an illness and incorporated their nutrition knowledge into this assessment task.



Year 10 Hospitality are designing a Sustainable Menu and have also been planning a Signature dish as part of their practical assessment task next term. They have worked in teams to collect information regarding many current environmental issues or industry concerns to share with the class and then incorporate into their Sustainable menu design.

Year 11 Hospitality have been having great fun learning how to dress themselves in a chef's uniform - the neckerchief giving many grief still! They have developed their precision cuts techniques and have become a team when cooking at the gaol industrial kitchen. "A good terms work had by all!" - Mrs N. Ross.



BUSINESS MANAGER'S REPORT**Programmed Maintenance, Upgrades and Refurbishments**

I'm pleased to announce that the Tender has been awarded to MDA Built Pty Ltd and work will commence in the next week. The Scope of Works includes the following:

- Replacement of Roofs to Blocks A & E
- External painting across the whole school except for Block A
- Internal painting to identified areas
- New carpet and linoleum to identified areas

The Demountables are to be refurbished, however, an anticipated start date hasn't been announced at this stage.

Asset Management Unit have also advised that we have been successful in our application to have our Canteen upgraded. No further information has been received on this project, however, I will keep you informed of progressions.

Safety of students and staff are our priorities and we will endeavour to keep disruptions to a minimum during this major maintenance upgrade. If you have any concerns please don't hesitate to contact the school.

SchoolBytes

Thank you to all families who have paid their school fees using our new Software Application. The response has been extremely good, with very few issues using the new system.

Student Assistance

If you are experiencing financial hardship and are unable to pay your fees, the school has a small fund where we can assist. Applications are available from the Front Office and all information is kept confidential. Should you have any questions or wish to discuss this matter, please contact me and I'll be happy to explain the procedure.

Thanking you,
Jennette Hardy

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HAVE YOU FORGOTTEN TO NOTIFY THE SCHOOL ABOUT CHANGES TO YOUR INFORMATION?

- New mobile number - New home phone number - New work phone number
- Emergency contact person or number - Your name change - New carer (step-parent)
- Medical updates (Allergies, medications, injury risks)

Is there something we need to remove from our records such as an old home or mobile phone number or contact person? Some changes such as a new surname will require legal documents to be provided to the school before the change can be made.

We need to keep in touch with you for your child's education, comfort and safety.

Please contact the school by phone 49 342 066, fax 49 345 086,
email maitgross-h.school@det.nsw.edu.au, or drop into the front office.

CHANGE OF DETAILS SLIP

STUDENT NAME.....YEAR.....

NEW ADDRESS.....P/C.....

MUM

NEW HOME PHONE.....NEW MOBILE NUMBER.....

NEW WORK NUMBER.....

DAD

NEW HOME PHONE.....NEW MOBILE NUMBER.....

NEW WORK NUMBER.....

NEW CARER INFORMATION

CARERS NAME.....

RELATIONSHIP TO STUDENT.....

HOME PHONE NUMBER.....MOBILE PHONE NUMBER.....

NEW EMERGENCY CONTACTS

NAME.....

RELATIONSHIP TO STUDENT.....

HOME PHONE NUMBER.....MOBILE PHONE NUMBER.....

NEW MEDICAL DETAILS

.....

.....

.....

Tuning into Teens

Emotionally Intelligent Parenting

A six-session parenting program
for families with young people aged 12-18years

Where: Mindaribba LALC - 1a Chelmsford Dr, Metford

When: Monday evenings 6-8pm

7th May to 11th June, 2018

Light Supper Provided

Please call 40157000 to register.

Assisting you to learn how to:

- be better at yarning with your teen
- be better at understanding your teen
- help your young one learn to manage their feelings
- help to prevent behaviour problems in your teen
- help your teen to deal with conflict



Tuning in to Teens shows you how to help your young people develop *emotional intelligence*. Adolescents with higher emotional intelligence:

- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health and substance abuse difficulties
- have more stable and satisfying relationships as adults
- have greater career success
- Emotional intelligence may be a better predictor of academic and career success than IQ.

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CHANGES TO ASHTONFIELD SCHOOL BUSES

Commencing Monday 7th May 2018

Students/Parents please note,

From the start of the second week in term 2 there will be changes to *some* of the afternoon bus routes to the Ashtonfield area. This is being trialled with a view to balancing the loading on the below three buses of an afternoon but at the same time give better coverage to the Ashtonfield area.

2494 will now divert from the Highway turning R) Mitchell Dr L) Stronach Ave, L) Verdant Dr, R) Molly Morgan Dr, R) Chisholm Rd, L) Norfolk St then as per normal route.

2397 will no longer turn right from Brisbane St onto Richardson Rd but continue along Brisbane St and turn R) Mitchell Dr, L) Chisholm Rd, R) Worcester, R) Chisholm Rd, R) Galway Bay Dr then as per normal route. Please note this route will end at the top of Ballydoyle Dr at South Seas Drive. Any students needing South Seas Dr between Norfolk St and the Highway need to catch **2494**. Any students needing South Seas Dr between Chisholm Rd and Airlie St need to catch **0301**

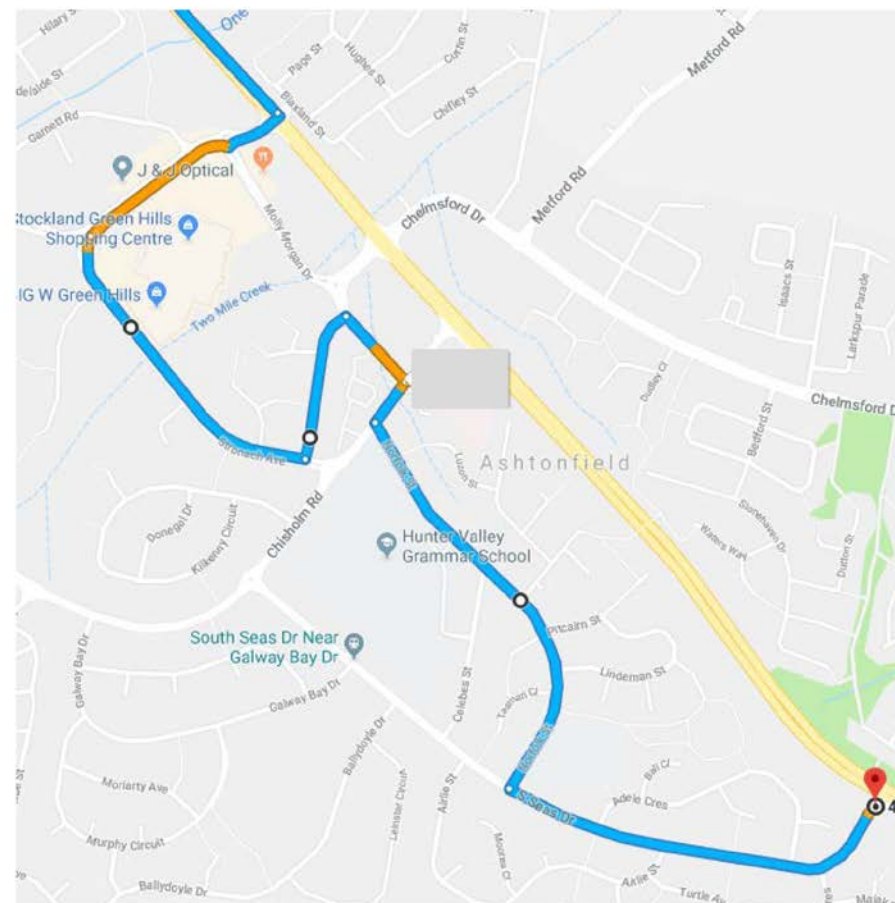
0301 no change to this route although the school will trial a pass system which will help prioritise those students that genuinely need to be on this first bus. From the 7th of May, the overflow bus will no longer operate.

Individual maps showing the new 2494 and 2397 routes are available at the office.

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**FROM 7th MAY 2018 THESE ARE THE PREFERRED
AFTERNOON BUSES TO ASHTONFIELD FROM GROSSMAN & MAITLAND HIGH SCHOOLS**

Street or Nearest Cross Street	Primary	Alternate
Adelaide	2397	
Adele	2494	
Airlie	0301	2494
Balderston	2397	
Ballydoyle	2397	
Ballydoyle near Sth Seas	2397	2494
Beaufort	2397	
Blackett	2397	
Brisbane between Richardson and Mitchell	2397	
Brunswick	2532	2397
Carnarvon	2397	
Celebes near Norfolk	2494	
Celebes near Sth Seas	0301	
Chisholm near Grammar	0301	
Chisholm near Mitchell	2397	
Durban	2397	1223
Fergus	2397	1223
Galway Bay	2397	1223
Galway Bay near Sth Seas	0301	
Hideaway	0301	2494
Hinchinbrook	0301	
Johnson	2532	2397
Kilkenny	0301	
Kilshanny	2397	1223
Leinster	2397	2494
Lindeman	2494	
Lord Howe	0301	2494
Macgowan	2397	
Macrae	2397	
Magnetic	0301	
Malay	0301	2494
Mitchell - Greenhills	2494	
Mitchell near Chisholm	2397	
Molly Morgan	2494	0301
Monaghan	2397	1223
Moriarty	2397	1223
Murphy	2397	1223
Norfolk	2494	
Pacific	0301	2494
Perth	2397	
Pitcairn	2494	
Prieska	2397	
South Seas from Chisholm to Airlie	0301	
South Seas from Norfolk to Hwy	2494	
Stronach	2494	
Tipperary	2397	1223
Uppington	2397	1223
Verdant	2494	
Watergum	2532	2397
Worcester	2397	1223

NEW 2494 ROUTE COMMENCING 7TH MAY 2018

Grossman High via Cumberland, L) Narang, R) Hodge, R) High, **Maitland High**, cont. High, L) Hwy, R) Mitchell, L) Stronach, L) Verdant, R) Molly Morgan, R) Chisholm, L) Norfolk, L) South Seas to the Highway.

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Great deal for new kids starting.

Use your Active Kids Vouchers (\$100) and you will get a uniform and 16 lessons at Darren Owens Self Defence.

Martial Arts helps you to have:

- Greater Overall Health & Fitness
- Learn Effective Bully Prevention & Avoidance
- Improved Hand-Eye Coordination & Motor Skills
- Learn Goal Setting Skills
- Increased Focus & Avoidance
- Improved Confidence & Self-Esteem
- Learn Effective Self Defence Skills

Call Master Darren Owens 5th Dan black belt

On 0414 955 373

www.darrenowensselfdefence.com.au

Tenambit Public School

Edward Street Tenambit
Mon & Wed 6.00pm to 7.00pm

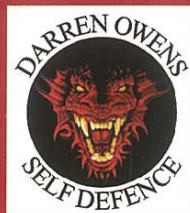
5th Dan black belt with over 35 years experience
Private Lessons available

4 Byng Street
Tenambit N.S.W. 2323

Mobile 0414 955 373

Email DarrenOwensSelfDefence@aapt.net.au

Facebook : Darren Owens Self Defence



Rutherford Football Club Registration 2018

Spot Available

Mini Roos Teams

Under 5 mixed – 3 Spots

Under 6 Girls – 8 Spots

Under 7 Mixed – 6 Spots

Under 10 mixed – 5 spots

Young ladies U13/14/15/16

we are looking for players for
Sunday Comp



If interested in Registering
Canteen will be open on
Tuesday 5pm till 6pm or
Wednesday 6pm till 7pm
Thursday 5pm till 6pm
Email:
secretary@rutherfordfc.com.au
Ph: 0423361736



Spots Available Competition team

Under 12 mixed – 4 Spots


Under 13/14 Mixed – 6 Spots

Under 15/16 Mixed – 6

Under 13/14/15/16 GIRLS Combined – 5 Spots

All age Saturday – 6 Spots

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IT'S TIME TO PLAY BALL!

STUDIES SHOW PLAYING SPORTS CAN IMPROVE CHILDREN'S SCHOOL PERFORMANCE, HEALTH AND FITNESS, SELF-ESTEEM, SOCIAL SKILLS AND CHANCES OF SUCCESS.

NEWCASTLE JUNIOR BASEBALL ENCOURAGES HAVING FUN, INCLUSIVENESS, TEAMWORK, GOOD SPORTSMANSHIP; AND PROVIDES A QUALITY, COST EFFECTIVE ALTERNATIVE, TO OTHER WINTER SPORTS

LOCAL JUNIOR CLUBS (HOME FIELD LOCATION)	CONTACT
Belmont Seagulls (BELMONT)	Secretary – 0412 423 769
Maitland Mavericks (GILLIESTON HEIGHTS)	Matt – 0429 321 681
Mayfield Boomerangs (MAYFIELD WEST)	Jason – 0439 077 297
Phoenix Charlestown (GATESHEAD)	Ben – 0413 595 853
White Sox (WALLSEND)	Jason – 0418 618 671
Toronto Tigers (BLACKALLS PARK)	Peter – 0411 183 145

AGES – 4-16 yrs old



NEWSLETTER DATES FOR 2018

<u>TERM 2</u>	24 th May & 28 th June
<u>TERM 3</u>	16 th August & 20 th September
<u>TERM 4</u>	8 th November & 18 th December

SCHOOL HOLIDAY **NETBALL** DEVELOPMENT CLINIC

~ Registrations **NOW OPEN** ~

Are you a passionate Junior netballer who would like to build confidence, develop teamwork and further enhance your skills?

Pivot Netball Academy can assist you.

OUR PROGRAMS INCLUDE:

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FOR 7-12 YEAR OLDS**

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For further info contact email: jula@pivotnetball.com.au
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